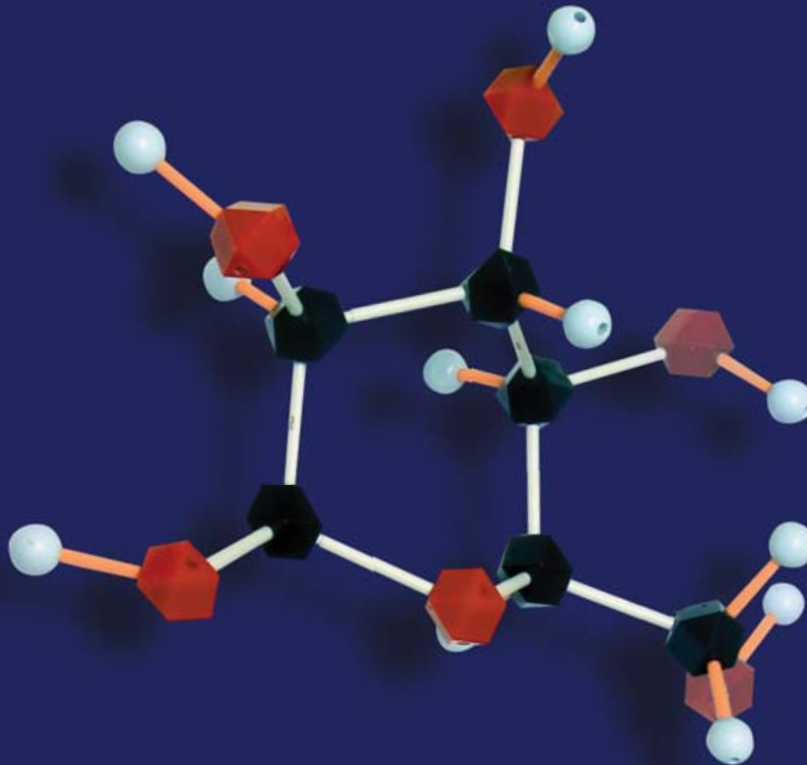


University of Nevada  
School of Medicine

presents

2009 Annual Diabetes Conference

# Insulin Resistance: Why a Cluster is a Cluster



Friday, October 2, 2009

Peppermill Convention Center  
2707 South Virginia  
Reno, Nevada 89502

Register online:  
[www.medicine.nevada.edu/cme](http://www.medicine.nevada.edu/cme)

## COURSE SCHEDULE

<b>7:30 a.m. – 8:25 a.m.</b>	<b>Registration, Continental Breakfast, and Visit Exhibits</b>
<b>8:25 a.m. – 8:30 a.m.</b>	<b>Welcome and Introductions</b> <i>Claude K. Lardinois, MD, FACP, MACN</i>
<b>8:30 a.m. – 9:30 a.m.</b> <b>EB Approved</b>	<b>Insulin Resistance Overview: Why a Cluster is a Cluster</b> <i>Gerald M. Reaven, MD</i>
<b>9:30 a.m. – 10:30 a.m.</b> <b>EB Approved</b>	<b>Insulin Resistance: Targeting Dyslipidemia</b> <i>Mori J. Krantz, MD, FACC</i>
<b>10:30 a.m. – 11:00 a.m.</b>	<b>Break and Exhibits</b>
<b>11:00 a.m. – 12:00 p.m.</b> <b>EB Approved</b>	<b>Insulin Resistance: Targeting Hypertension</b> <i>Claude K. Lardinois, MD</i>
<b>12:00 p.m. – 1:00 p.m.</b>	<b>Lunch and Exhibits</b>
<b>1:00 p.m. - 2:00 p.m.</b> <b>EB Approved</b>	<b>Obesity: From Bench to Bedside</b> <i>Hal M. Roseman, MD, MPH</i>
<b>2:00 p.m. - 3:00 p.m.</b> <b>EB Approved</b>	<b>Diabetes Disaster Preparedness</b> <i>Joyce Ellis RN, CDE</i>
<b>3:00 p.m. - 3:15 p.m.</b>	<b>Break</b>
<b>3:15 p.m. - 4:15 p.m.</b> <b>EB Approved</b>	<b>Pharmacology Update</b> <i>Daniel Caruso, MD</i>
<b>4:15 p.m. - 4:30 p.m.</b>	<b>Closing Remarks, Evaluation and Conference Wrap-Up</b> <i>Claude K. Lardinois, MD, FACP, MACN</i>

## FACULTY

### **Claude K. Lardinois, MD, FACP, MACN** **Course Director**

*Professor of Medicine, Division of Endocrinology, University of Nevada School of Medicine  
Graduate Faculty, Nutrition Graduate Program, University of Nevada, Reno  
Reno, Nevada*

### **Daniel R. Caruso, MD**

*Private Practice, Endocrine Associates  
Attending Physician, University of Nevada Department of Pediatrics  
Consultant, Diabetes Center at Renown Medical Center  
Reno, Nevada*

### **Joyce Ellis, RN, CDE**

*Certified Diabetes Educator III  
Facey Medical Foundation  
Mission Hills, California*

### **Mori J. Krantz, MD, FACC**

*Associate Professor, Cardiology/Medicine  
University of Colorado  
Denver, Colorado*

### **Gerald M. Reaven, MD**

*Professor, Cardiovascular Medicine  
Stanford University School of Medicine  
Stanford, California*

### **Hal M. Roseman, MD, MPH**

*Founder, Cardiology Wellness Center  
Nashville, Tennessee*

## SUPPORT

This conference is supported, in part, by educational grants in accordance with the ACCME Standards for Commercial Support.

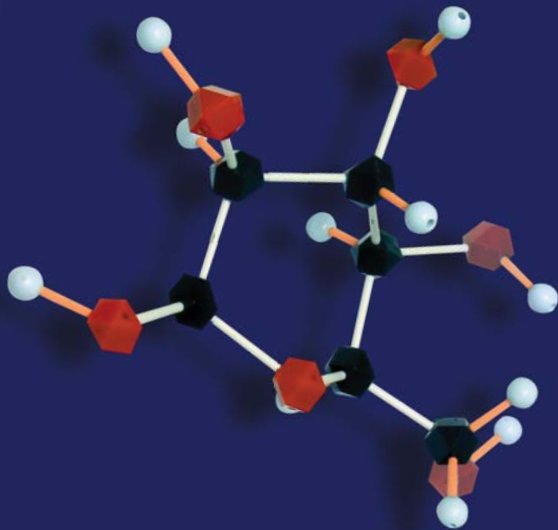
At the time of this printing a complete list of supporters was not available. A full list of companies providing support will be distributed to attendees at the conference.

## COURSE DESCRIPTION AND OBJECTIVES

The Annual Diabetes Conference is a regional conference that provides area practitioners with the opportunity to learn the latest treatment and management techniques to improve their care of patients with diabetes. This annual conference provides an informal venue for area clinicians to learn from and have access to national experts in the field of diabetes. The goal of this educational activity is to provide attendees with the latest evidence-based treatment and management recommendations in order to improve the care of patients with diabetes.

Following the activity, clinicians should be able to:

- Decrease the risk of cardiovascular disease by identifying those patients at greatest risk of developing insulin resistance and treating them accordingly
- Decrease cardiovascular mortality by aggressively targeting the total cholesterol/HDL-C ratio to less than 5
- Individualize hypertension therapy for patients with diabetes mellitus according to the specific co-morbidities and individual needs in order to decrease cardiovascular mortality
- Improve patient outcomes by interpreting the “bench” work that is ongoing in the field of obesity and apply it to the care of their patients at the “bedside”
- Prepare their diabetes patients to assure they have the tools they need when an unexpected disaster occurs
- Use appropriate pharmacological interventions in targeting glucose to goal in their patients with type 2 diabetes



## CONTINUING EDUCATION CREDIT

**Physicians:** The University of Nevada School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to sponsor continuing medical education for physicians.

The University of Nevada School of Medicine designates this educational activity for a maximum of **6.0 AMA PRA Category 1 Credits™**. Physicians should only claim credit commensurate with the extent of their participation in the activity.

This activity has been reviewed and is acceptable for up to **12.25** Elective credits by the American Academy of Family Physicians. Of these credits, **6.00** conform to the AAFP criteria for evidence-based CME clinical content. CME credit has been increased to reflect **2** for **1** credit for only the EB CME portion. When reporting AAFP credit, report total Prescribed and Elective credit for this activity. It is not necessary to label credit as evidence-based CME for reporting purposes.

The EB CME credit awarded for this activity was based on practice recommendations that were the most current with the strongest level of evidence available at the time this activity was approved. Since clinical research is ongoing, AAFP recommends that learners verify sources and review these and other recommendations prior to implementation into practice.

**Nursing:** The University of Nevada School of Medicine approves this program for **6.0** hours of nursing continuing education credit.

**Pharmacy:** The Office of Continuing Medical Education at the University of Nevada School of Medicine is a provider of continuing education credit through the Nevada State Board of Pharmacy. This program is approved for **6.0** hours of continuing education credit for pharmacists.

**Dietitians:** Application has been made to the Commission on Dietetic Registration for **6.0** continuing professional education hours for dietitians. Determination of credit is pending.

## LOCATION AND ACCOMMODATIONS

A block of rooms has been reserved at the Peppermill for a special rate of \$94.00 per night plus applicable tax and surcharges. Room reservations must be made by September 1, 2009 to receive this special price. For information and room reservations, call (800) 282-2444 and use group code **CUNRMED9**.

## REGISTRATION INFORMATION

Conference registration fee, if completed before September 12, 2009	\$75.00
Late registration fee, if completed after September 12, 2009	\$95.00

 To register visit our website at [www.medicine.neveda.edu/cme](http://www.medicine.neveda.edu/cme)

For questions or additional information, please contact the Office of Continuing Medical Education at (775) 784-1983.

## CANCELLATION POLICY

Cancellations received in writing by the University of Nevada School of Medicine, Office of Continuing Medical Education by September 25, 2009 will receive a full refund less a \$25 administrative fee. Cancellations after September 25, 2009 are non-refundable.

The University of Nevada School of Medicine reserves the right to cancel the program, in which case a full refund will be granted.